It accesses and clears:

- Your soul records
- Inherited ancestral patterning's
- Unresolved past life issues
- Hidden ego agendas, sabotages and conflicts
- Blocked energy in the subtle bodies and chakras
- Fear programs
- Interference energies including entities
- Physical, mental and emotional imbalances
- Blocked energy in the organs and glands
- Genetically encoded imprints
- Judgements and negative beliefs
- Shock and trauma

It can also facilitate the:

- Regeneration and rejuvenation of your cells
- Enhancing of brain functions/integration
- Stabilisation of hydration/dehydration in the body
- Encoding of healing essences, colours and crystals
- Balancing your body's nutrition and bio-chemistry
- Harmonising and alignment of your energy bodies and chakras
- Balancing the five elements
- Healing your eyesight

"Learn to pause... or nothing worthwhile will catch up to you." Doug King

Therapies and Fee's

Soul Contract Readings

Fee's include preparation time CD or MP3

Individual Reading	£94
Family and Relationships (for up to 9 names)	£166
Couples Reading	£94
Baby Naming	per hour £45
Name Optimisation	per hour £45
House Naming	per hour £45
Business Readings (websites products etc)	by Consultation

Individual Soul Contract Readings require a £45 non refundable deposit in advance and £80 for a Family and Relationship Reading.

Change Interventions

	Fee's and Session times
Transformation Coaching	£45 for 1 hour
Divine Master Key Healing	£65 for 1 ½ hours
Homeopathy	£90 for 2 hours
Emotional Freedom Technique	
Hypnotherapy	
Past life Regression	

A 1 1/2 hr Life Review /Evaluation for £65 is always required with an initial booking for any of the change interventions above.

Healing Sessions

	Fee's and Session times
Reiki	£40 for 1 hour
Spiritual Healing	£60 for 1 ½ hours
Reflexology	£80 for 2 hours
Chakra Balancing and clearing	
Meditation 1-2-1 teaching	

When you book any Healing session for the first time I include a short consultation within the first treatment lasting 1 hour in total.

Course bookings are available please enquire about discount.

20 minute Personalised Relaxation/Meditation CD or mp3 £20

Hours of Work

Monday Tuesday Wednesday Thursday 9am-3pm

Thursday Evening sessions are available 7-9pm

In person or over the telephone.

Phone sessions are available for:

* Divine Healing Master Key * Soul Contract Reading

* Transformation Coaching * Homeopathy * EFT

For phone sessions and Personalised Relaxation/Meditation CD's full payment is required in advance of your booking.

I require 24hrs notice for cancellations Payments Methods – Cash, cheque with a guarantee card, or online banking.

Training courses in - * Reiki * Channelling * Soul Contract * Meditation * Chakra's * Ascension.

Circle of Meditation class every Tuesday from 6.45pm—8pm £6

Soul Concept

Enlightenment - Integrity – Success



Divine Master Key Healing

with

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Cheshire
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Profile

Alesha is an experienced trainer and facilitator of personal empowerment and growth workshops. She is a natural intuitive, modern day channel and Transformation Coach, and has studied and trained in many multi dimensional healing modalities and dynamic change interventions in the last 22 years.

Alesha has a solid 10 years background in business management, retail sales, marketing, motivational speaking and working as a business consultant. Then 12 years ago she began her inner journey into the field of self healing and Emotional Psychotherapy.

Alesha has an innate talent to hold a safe place allowing you to engage in her transmission of catalytic healing energy. This in turn can provoke the self healing required to produce profound changes and insights into your core issues and patterns. You can then start to release obsolete beliefs, programming, emotions and behaviours that no longer support or serve a happy and fulfilling life.

The result of this raising of consciousness is **Personal Empowerment**, where you start to create the life of your dreams and desires and life no longer just happens to you, true Spiritual Alchemy.
The focal point of Alesha's work is personal transformation using the right vibrational techniques that match your issue at that specific moment in time and assisting you in aligning yourself with the source of your own inner wisdom and innate healing ability. This in turn increases your own self awareness and raises your consciousness which is fundamental to achieving lasting change.

What is Divine Master Key Healing ?

This channelled method of healing is based on the Spiritual Law "ask and you shall receive". It enables you to quickly and effectively identify and clear core patterns and thus frees your life force for greater health, connection and well-being.



Who is Divine Master Key Healing For ?

These sessions of for those who are really serious about:

- coming into wholeness
- re-claiming their personal power
- wanting to align with their soul's purpose.

What will you experience ?

You will experience profoundly transformational healing as the many layers of imbalances and programs are cleared permanently. As you do this, your energy becomes freed up so you can experience and express more of your True Self. The result of this is better health, enhanced relationships and a more fulfilling life as a result of being more deeply connected to the Divine.



How does it work ?

Divine Healing Master Key works directly and co-creatively with Divine Intelligence through your higher self to facilitate healing and reconnection to Spirit at all levels. It involves having the intent to heal, identifying with the issues, asking for healing and opening up to receive the healing with Grace and then allowing for the integration and for the shift to occur. It enables many aspects of your consciousness to heal, rise up and transform permanently and effectively.

This method of healing draws on a high level of consciousness and energy to quickly identify and clear core limiting patterns and beliefs that no longer serve us.