Reiki Master Course £450

Day One

- Introduction to Reiki Mastership: Overview of the course
- Reiju Master-level empowerments
- Overview of Usui Sensei's original system and how we can echo his approaches
- Some New Symbols
- The Usui and 'Tibetan' Master symbols
- Experience the new energies
- The Reiki Kotodama: exploration of sacred sound
- Learn the Kotodama and Experience their energies
- Learn how to use the Kotodama for self-healing and self-development, and during treatments
- Western Master attunement
- Practice session: the Second Degree attunement
- Master attunements: how they differ from Second Degree
- First Degree attunements: how they differ from Second Degree

Day Two

- Reiju Master-level empowerments
- The importance of Intent
- Directing energy using intent/visualisation: practice session
- "Frequency setting": practice session
- The importance of Intuition
- Expanding our experience of the "Reiji ho" method: practice session
- Perceiving the Chakras: practice session
- "Mind's Eye" Visual Shortcuts
- Students demonstrate 'basic' Reiju empowerments
- Practice Session: use Reiju on each other
- Using Reiju at Second Degree and Master levels: explanation and practice session
- The benefits of Reiju empowerments
- Learn how to empower yourself in different ways and practise one method

Training & Therapy Fee's

Soul Contract Readings

Fee's include preparation time CD or MP3

Individual Reading	£94
Family and Relationships (for up to 9 names)	£166
Couples Reading	£94
Baby Naming	per hour £45
Name Optimisation	per hour £45
House Naming	per hour £45
Business Readings (websites products etc)	by Consultation

Individual Soul Contract Readings require a £45 non refundable deposit in advance and £80 for a Family and Relationship Reading.

Change Interventions

	Fee's and Session times
Transformation Coaching	£45 for 1 hour
Divine Master Key Healing	£65 for 1 ½ hours
Homeopathy	£90 for 2 hours
Emotional Freedom Technique	
Hypnotherapy	
Past life Regression	

A 1 1/2 hr Life Review /Evaluation for £65 is always required with an initial booking for any of the change interventions above.

Healing Sessions

	Fee's and Session times
Reiki	£40 for 1 hour
Spiritual Healing	£60 for 1 ½ hours
Reflexology	£80 for 2 hours
Chakra Balancing and clearing	
Meditation 1-2-1 teaching	

When you book any Healing session for the first time I include a short consultation within the first treatment lasting 1 hour in total.

Course bookings are available please enquire about discount.

20 minute Personalised Relaxation/Meditation CD or mp3 £20

Hours of Work

Monday Tuesday Wednesday Thursday 9am-3pm

Thursday Evening sessions are available 7-9pm

In person or over the telephone.

Phone sessions are available for:

* Divine Healing Master Key * Soul Contract Reading

* Transformation Coaching * Homeopathy * EFT

For phone sessions and Personalised Relaxation/Meditation CD's full payment is required in advance of your booking.

I require 24hrs notice for cancellations Payments Methods - Cash, cheque with a guarantee card, or online banking.

Training courses in - * Reiki * Channelling * Soul Contract * Meditation * Chakra's * Ascension.

Circle of Meditation class every Tuesday from 6.45pm - 8pm £6

Reiki 1 - £140.00

Reiki 2 - £170.00

Reiki Master Course - £450

Soul Concept

Enlightenment - Integrity – Success



Reiki Sessions & Training

with

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What is Reiki?

Reiki is an oriental method of working with energy that you can use for your own benefit and for the benefit of other people. In its original Japanese form in the 1900s Reiki was very much about working on yourself: it was a system that you could use for self-healing, self-development and spiritual development. But when Reiki was first taught in the West in the 1970s, and since that time, Reiki teaching has focused much more on Reiki as a treatment technique - something that you do to other people – and the system appears to many people to be a sort of oriental spiritual healing, a hands-on treatment method that involves channelling energy. Reiki is now being classed as a sort of complementary therapy, so people might practise Reflexology, or Aromatherapy, or they might practise Reiki.

There are very many different ways of practising Reiki, with lots of different Reiki 'variations' having seen developed in the West over the years, but, whatever the variety, Reiki is something that you can use for yourself, for your own personal benefit, and it is something that you can also share with other people.

What is Reiki Energy?

Reiki is a subtle energy that permeates us and surrounds us. When you practise Reiki as a treatment method you are not detecting and diagnosing and intervening. When you treat someone with Reiki you are allowing an unlimited external source of 'energy' to flow through you into the client. The energy is drawn through you according to the client's need on that occasion.

You are not directing the energy, you are a conduit through which the energy flows, you are creating a 'healing space' that the client can use to bring their own energy system into balance, without conscious and deliberate intervention on your part.

Your treatments become more effective as you develop your intuitive abilities and allow the energy to guide you in terms of where to rest your hands and for how long you place your hands in a particular position; you learn to 'work in partnership with the energy'.

How do I learn Reiki?

In order to learn Reiki you need to do two things: you need to be 'attuned' to the energy and you need to be taught what to do to use Reiki for your own benefit and for the benefit of others.

When you learn Reiki you are not being connected to a 'new' energy, something that was not part of you before and which you are newly attached to. All that happens when you go through a Reiki attunement (or an 'empowerment') is that you are assisted to recognise something that was already there: something that has always been there, but which you were not consciously aware of before you went through the attunements. So Reiki attunements 'make the introductions' between yourself and an energy that is already part of you and always has been. In theory, of course, an individual might be able to become aware of the energy and work with it all by themselves but, in practice, before you have been attuned, you can't work with Reiki; after you are attuned, you can. When you work with this energy you can become sensitive to the flow of this energy within you, and you can help other people by allowing the energy to flow through you into them, assisting their bodies to bring their energy systems into balance on many levels. Attunements (or empowerments) are an integral part of the Reiki system, so if you haven't been attuned then you are not doing Reiki.

Training Courses

For each level you receive a study pack usually a few weeks before the course, and this gives you a good grounding in the basics of Reiki before your day-course. Each study pack consists of a comprehensive, professionally-printed manual and specially-produced audio CDs. Well preparing you for the live course.

First Degree Reiki - 1day £140.00

- 'Reiju' spiritual empowerment.
- Learn to work with energy
- Learn the Japanese 'Hatsu Rei Ho' technique
- Carry out a Japanese self-treatment 'meditation', and learn how self treatments are done Western-style.
- 'Treating Other People': Demonstration and Explanation
- Practice feeling the Energy Field
- 'Scanning'
- Practice giving and receiving a Full Reiki treatment

Second Degree Reiki - 1 day £170.00

- Learn about earth ki and heavenly ki and the use of symbols to represent these energies
- You will go through energy exercises to experience earth ki and heavenly ki.
- How you use these two energies in a treatment context and experience them for yourself.
- Receive 'Second Degree' empowerment
- Oneness and Distant healing: various approaches explored
- Learn to send distant healing
- Learn the use of intent to direct energy
- Learn various methods of directing energy - using visualisation and intent - includes "many hands" and eye method
- Learn to work intuitively using the Japanese approach called "Reiji ho"